

COMMUNITY ACTION JOURNAL

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Ribbon Cutting Takes Place at Foothills Community Action Partnership's Recovery Center

Kentucky First Lady and Recovery Kentucky Task Force Co-Chair Jane Beshear, Richmond Mayor Connie Lawson and several guests participated in a ribbon cutting in Richmond for Liberty Place Recovery Center for Women. The center is one of ten recovery centers that will simultaneously reduce the state's drug and homeless problems, and is operated by Foothills Community Action Partnership. Liberty Place will provide counseling, support and hope for up to 100 women at a time who are recovering from drug and alcohol addiction.

"Liberty Place and the other Recovery Kentucky centers help Kentuckians



Kentucky First Lady and Recovery Task Force Co-Chair Jane Beshear took place in the Liberty Place Recovery Center ribbon cutting ceremony.

beat their addiction to lead healthy, productive lives," said Jane Beshear. "I commend the women who are participating in this program and look forward to all their further accomplishments."

As a transitional supportive

housing development, Liberty Place will use a recovery program model that includes peer support, daily living skills training, job responsibilities, and challenges to practice sober living. There are three living phases in this program - Safe Off the

Ribbon Cutting Takes Place at Liberty Place Recovery Center.....*Continued from page 1*

Streets, Motivational Tracks 1 and 2, and Transitional Housing.

Liberty Place is a program of Foothills Community Action Partnership with joint effort from the Kentucky Housing Corporation, the Governor’s Office for Local Development (GOLD), the Department of Corrections, and the Federal Home Loan Bank of Cincinnati. Foothills Executive Director, Vicki Jozefowicz, talked about the values of the partnerships that made such an ambitious project come together. The center, which is part of the City of Richmond’s Linden Street Revitalization effort, is also supported by the Federal Home Loan Bank of Cincinnati.

The recovery program will be open to women in the 6th Congressional District (Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin,

Garrard, Jessamine, Lincoln, Madison, Mercer, Montgomery, Powell, Scott and Woodford counties).

This type of supportive housing and recovery program is proven to help people who face the most complex challenges to live more stable, rewarding lives. It has been demonstrated successfully by both the Hope Center in Lexington and The Healing Place in Louisville and was named “A Model That Works” by the U.S. Department of Health and Human Services.

Without a stable place to live and a support system to help them address their underlying problems, most homeless people who also suffer from substance abuse and addiction move around from shelters, public hospitals, psychiatric institutions and detoxification centers. While

the chronically homeless only represent one-quarter of the homeless population, they consume over 50 percent of homeless resources. It is estimated that the Recovery Kentucky initiative will save Kentuckians millions in tax dollars that would have been spent on temporary services.

Kip Bowmar, Community Action Kentucky Executive Director was one of the guests who participated in the ribbon cutting ceremony and said that this project is a excellent example of the way Community Action improves communities and embodies the spirit of hope.

For more information about Liberty Place Recovery Center, please call Foothills Community Action Partnership at 859/624-2046.

2008 RCDI Award Announcement

Community Action Kentucky’s Rural Community Assistance Program (RCAP) has been selected by USDA Rural Development to provide Leadership Development classes through the Rural Community Development Initiative.

“These grants help people attract

and retain investments in rural communities,” Agriculture Under Secretary for Rural Development Thomas C. Dorr said. “They fund entrepreneurship training, leadership development and other efforts to help business and community leaders expand their local economies and create jobs.”

Kentucky RCAP will train leaders in six low-income communities on four training modules: Understanding Leadership, Communicating Effectively, Building Communities through Collaboration, and Leading Community Change.

Melissa Melton Receives Prestigious Award

Some people dream of worthy accomplishments while others remain focused and do them. Melissa Melton is one of those people.

Melissa Melton of Community Action Kentucky's Rural Community Assistance Program (RCAP) was presented the 2008 TAP (Technical Assistance Provider) of the Year award by Great Lakes RCAP Director Deb Martin.

When the national RCAP network decided to pursue a new funding opportunity that required certified operators in every state, Melissa offered to obtain a Class III Distribution Operator license. The Kentucky requirement is to have a Bachelor of Science degree and to have worked for a water system for one year in operations prior to being tested. For one year, Melissa collected samples; monitored and recorded pressures of the pressure reducing valve stations; conducted maintenance at all tank sites, pump station sites, and PRV station sites; made taps; installed meters; completed daily work orders (i.e.



**Melissa Melton, RCAP Field Agent,
recognized as TAP of the Year.**

disconnections, usage readings, etc.); located, cleaned, and painted valves within the system for easier identification; exercised and recorded valves; and flushed out valves. She completed these tasks in inclement weather conditions all for the sake of improving her skill set.

Even during this time, she has been able to continue services in other communities. To date, she has

leveraged \$5.3 million dollars in this program year. Her communities have made the following comments about her.

- Barkley Lake Water District - "Melissa has always been very professional and accommodating."
- Whitley County Water District - "Melissa Melton is an excellent worker. We really enjoy working with her. She is a real professional worker and we really appreciate all she has done for us."

In today's fast-paced world, creating a culture that thrives on change and values innovation is essential. A progressive organization that wishes to prosper, or even

sustain itself, must encourage and reward its people to grow. Great Lakes RCAP seized the opportunity by rewarding the fact that someone stood up and took action. Great Lakes RCAP rewarded enthusiasm, commitment, and sheer hard work. Great Lakes RCAP rewarded Melissa Melton by awarding her the TAP of the year.

Water for Sandlick

Benjamin Franklin once said, “When the well runs dry, we all know the worth of water”. Nowhere is the “worth of water” known more than in rugged, mountainous Letcher County, Kentucky. Although the headwaters of three of the state’s largest rivers originate here, most drinking water wells are contaminated with chloride and sulfide compounds from mining and Fecal Coliform from failing septic systems or straight pipes. Several residents in this southeastern Kentucky county lack the basic need of safe, clean drinking water, which many of us take for granted.

In an effort to help meet this need, the Letcher County Water and Sewer District proposed to construct approximately 200,375 linear feet of waterline and



appurtenances to serve about 814 new customers in the areas of Sandlick, Camp Branch, Kentucky Hwy 7, and Little Dry Fork Road. USDA Rural Development committed \$1,000,000 in loan funds and \$800,000 in grant funds for this project.

As requested by the district and Rural Development, Kentucky RCAP assisted with this project by completing several tasks which include: obtaining over

500 water user agreements, securing 65 rights-of-way, preparing a vulnerability assessment and emergency response plan, complying with the Rural Development Letter of Conditions, drafting job descriptions for the district employees, and assisting the district manager with preparing an annual management plan for USDA Rural Development which includes the statement of budget, income, and equity.

The Letcher County Water and Sewer District is very appreciative of Kentucky RCAP’s assistance. Jim Ward, Letcher County Judge-Executive, states, “Kim Padgett and Chris Wells of Kentucky RCAP have provided Letcher County with a very good service. I would highly recommend them to any other community.”

CAP-LAW Reader for CAK Member Agencies

Community Action Kentucky is actively working on the preparation of the 2008 CAP-LAW Reader. CAK produces an annual publication which reflects the best materials from the CAP-LAW annual conference. The manual

will include a variety of areas such as: excellence in governance, managing leaves of absence, social enterprise development, lobbying legally and effectively, employee law, head start reauthorization, fair labor standards, and more.

The CAP-LAW Reader is free to members of Community Action Kentucky as a member benefit and services. CAP-LAW readers will be shipped in October.

Results-Oriented Management and Accountability Training Held

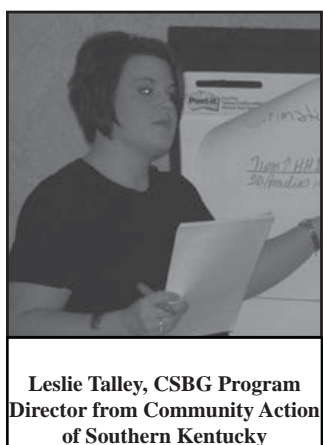
Results-Oriented Management and Accountability (ROMA) training was provided during the Community Services Block (CSBG) Fall Work Session on September 4, 2008 at

the Doubletree Guest Suites in Lexington, Kentucky. ROMA provides a framework for continuous growth and improvement that focuses on Results-Oriented Management and Accountability.

Leslie Talley, Community Action of Southern Kentucky, CSBG Program Director and Leslie Marcum, Daniel Boone Community Action Agency, Housing Coordinator presented - A Practical Guide for Developing Outcomes and Indicators.

The Developing Outcomes module provided the participants with a practical guide on outcome development and the opportunity to practice the process of writing outcomes.

Nine community action member agency program staff were selected as candidates in the National ROMA Peer-to-Peer



Leslie Talley, CSBG Program Director from Community Action of Southern Kentucky

Training Program. The candidates are: Jennifer Belisle, Julee Carmack, Pamela Craig, Nicole Johnson, Charles Lanter, Leslie Marcum, Ralph Nash, Ty Sturdivant and Leslie Talley. Each candidate must complete four phases in the certification process.

Phase One: ROMA E-Course

- Candidates will complete the eight modules of the online E-course to demonstrate understanding of the basic content of the ROMA curriculum.

Phase Two: Four Day Train-the-Trainer Classroom Session

- Candidates participate in a group classroom session to demonstrate their ability to deliver two modules and discuss issues and concerns that trainers may have.



Members of the National ROMA Peer-to-Peer Training Program.



Leslie Marcum, Housing Coordinator from Daniel Boone Community Action Agency

Phase Three: ROMA Practice Sessions - Candidates practice delivering the Introduction to ROMA training curriculum. The practice sessions are designed to increase understanding of the ROMA content and demonstrate their ability.

Phase Four: ROMA Field Internships - Candidates offer the Introduction to ROMA training curriculum in the Community Action Network with another candidate as co-trainer. A Master Trainer will provide both technical support and evaluation. Completion of a successful ROMA Internship will result in Certification as a National ROMA Trainer.

Kentucky was the first state to develop a team of Certified ROMA Trainers. Our success will be a model for other states as the National Peer-to-Peer Training and Certification Project works towards increasing the knowledge and skills of staff in the national CSBG network.

LIHEAP Begins in November

The LIHEAP Subsidy Component will begin **Monday, November 3, 2008** and will continue through **Friday, December 12, 2008**. Applications will be taken by the last name of the head of household in alphabetical order.

November 3	A	November 17	F, G	December 2	N, O, P
November 4	Staff Day	November 18	H	December 3	Q, R
November 5	B	November 19	H	December 4	S
November 6	B	November 20	I, J	December 8	S
November 10	C	November 24	K, L	December 9	T
November 11	Staff Day	November 25	M	December 10	U, V, W
November 12	C	November 26	Staff Day	December 11	X, Y, Z
November 13	D, E	December 1	M	December 12	Open

The LIHEAP Crisis Component will begin January 5, 2009 through March 31, 2009 or until available funds have been expended.

The household income must be at or below the following, relative to household size:

Household Size	Gross Monthly Income	Household Size	Gross Monthly Income
1	\$1,127	5	\$2,687
2	\$1,517	6	\$3,076
3	\$1,907	7	\$3,467
4	\$2,297	8	\$3,857

Add \$390 for each additional family member.

For more information about the Low-Income Home Energy Assistance Program (LIHEAP), please call 800/456-3452.

Governor Beshear Recognizes Weatherization Day by Signing Proclamation

Governor Steve Beshear signed a proclamation recognizing October 30, 2008 as Weatherization Day. Weatherization Day is an annual event which highlights the importance of home energy conservation. “We are glad Governor Beshear recognized both the importance and impact of weatherization by issuing this proclamation”, said Dan McKenzie, Energy Program Director of Community Action Kentucky. “We encourage all community action agencies and weatherization providers to build awareness in the communities of the impact of the program.

The Weatherization program lowers energy consumption and home heating costs for households below 150% of the federal poverty guidelines. Kentucky’s Weatherization program helps approximately 2,200 low-income families each year, including the elderly, families with young children, the disabled, and other low-income people. This is done by providing a variety of conservation, health and safety measures which include: adding attic insulation, stopping air infiltration, repairing or replacing inefficient

heating systems, and more. The Weatherization Program makes low-income homes more livable by making them safer, better insulated and more energy efficient. The program also has an educational component to help low-income households learn to conserve energy.

For more information about the Weatherization Program, please contact 800/456-3452.



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Please visit our website!
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Kentucky's Poverty Fighting Network

